

HAUNTED



EMDR Therapy for First Responders & Public Safety

Personnel including the Military & Veterans

VIRTUAL COURSE

HOSTED BY:

GREATER ST LOUIS

AREA HAP-TRN

JOIN US AT NCADA

9355 Olive Blvd, St. Louis, MO 63132

314-962-3456

APRIL 2nd and 3rd, 2020

Sign in 10:00-10:30 am

10:30 am – 7:00 pm daily

(Virtual program on Arizona time zone)

Registration Fees:

\$225 UNTIL 3/15/2020

\$250 after 3/15/2020

To Register: 2 STEPS

1. Go online to

<https://www.drrobbie.org/events/haunted-virtual-training>

2. E-MAIL your TRN

Coordinator, Ceil Renaud:

crenaudmalpc@gmail.com

QUESTIONS?

crenaudmalpc@gmail.com

Continuing Education

EMDRIA:

14 continuing education credits approved for those who have completed an EMDRIA-approved Basic Training program.

Workshop Details

Full Completion of an EMDRIA Approved Basic EMDR Training is required.

- Please send to Dr. Robbie documentation of completion of an EMDRIA Approved Basic EMDR Training
- Current research is limited to application of EMDR therapy to trauma-related disorders.
- Attendance at the full 2-day training is required in order to receive CEs.

PRESENTER:

Robbie Adler-Tapia, PhD

Licensed Psychologist

National Register Health Psychologist

EMDRIA-Approved Consultant

EMDRIA Approved Training Provider

CISM Provider

Dr. Adler-Tapia, is a licensed psychologist who was previously a firefighter and emergency medical technician (EMT).

Currently, she is an Employee Assistance Provider for law enforcement, firefighters and first responders, and one of the Clinical Directors for ERAP – the Emergency Responders Assistance Program.

She sat on the Arizona State Subcommittee for PTSD in Emergency Responders, Public Safety, and the Military and Veterans.

She was part of the Mental Health Team for the National Fallen Firefighters', Taking Care of Our Own Program and she was one of the Founders of

PISTLE (Post Incident

Stress and Trauma in Law Enforcement).

As a national & international speaker, she has presented for ERAP, the National Fallen Firefighters' Foundation, Arizona Women in Policing, PISTLE, EMDRIA conferences, the ISST-D Conference, and the Rady Chadwick International Child & Family Maltreatment Conference.

On a volunteer basis, Dr. Adler-Tapia hosts a group for officers involved in shootings.

**SPONSOR: Greater St. Louis Area
EMDRIA HAP-TRN**

Tapia Counseling and Psychological Services, INC
EMDRIA EC Provider #: 15008

WORKSHOP OVERVIEW

This workshop will focus on basic and advanced skills in adhering to the 8 phases of EMDR therapy in the treatment of first responders exposed to trauma in the line of duty. The practice of caring for the emotional and physical needs of professionals exposed to life and death situations and the most difficult of human suffering takes its toll on those in the trenches. In these inimitable circumstances, the exposure can lead to direct traumas and/or vicarious trauma for the professional. By working in law enforcement, fire sciences, emergency services, 911 operators, emergency room staff (including doctors and nurses), child welfare workers, and even psychotherapists, these professionals experience direct or secondary trauma from their work environment.

Case conceptualization will be presented through the lens of the Adaptive Information Processing Model (AIP) adhering to the 8 phases of EMDR therapy. This interactive workshop includes videos, and didactic material, to deepen participants' understanding of how to implement EMDR therapy and enhance their skills in working with first responders.

WORKSHOP OBJECTIVES

- Define AIP Theory specifically as it applies to working with emergency responders
- Identify at least 3 assessment tools for evaluating trauma in emergency responders exposed to line of duty and vicarious traumatization
- Describe ethical, legal, and forensic issues unique to this population
- Define trauma and diagnostic issues with PTSD
- List symptoms of trauma in emergency responders
- List 5 treatment tools to employ with emergency responders exhibiting symptoms of trauma
- Describe the flow of the EMDR therapy with law enforcement, firefighters, emergency responders
- Create and implement a targeting sequence plan specifically for working with first responders using the "Parade of Faces" metaphor
- Identify and formulate useful cultural and spiritual interventions & interweaves as tools
- Therapists will recognize the need to work through cultural and spiritual paradigms to assist first responders who are regularly exposed to traumatic grief and loss to come to an adaptive resolution for each call.

**Virtual Presentation hosted by the
Greater St. Louis Area HAP-TRN
at
NCADA
9355 Olive Blvd, St. Louis, MO 63132
314-962-3456**

Schedule

(Streamed --Arizona time zone)

- Sign in from 10:00-10:30 am
- Lecture: 10:30 am –2pm
- Lunch: 2pm-3pm Provided by Greater St. Louis TRN
- Lecture: 3:00 – 7:00 pm

Cancellation Policy

There will be a \$25 processing fee if you cancel **30 days before the event.**
There will be a \$50 processing fee if you cancel **within 30 days of the event.**
NO refunds if you cancel **7 days before the event.**